

"It's such a rewarding thing to do"

"It's a great feeling to jump back in the car, call in 'job complete' and know that you've made a real difference"

"The training is amazing and gives you the confidence on scene"



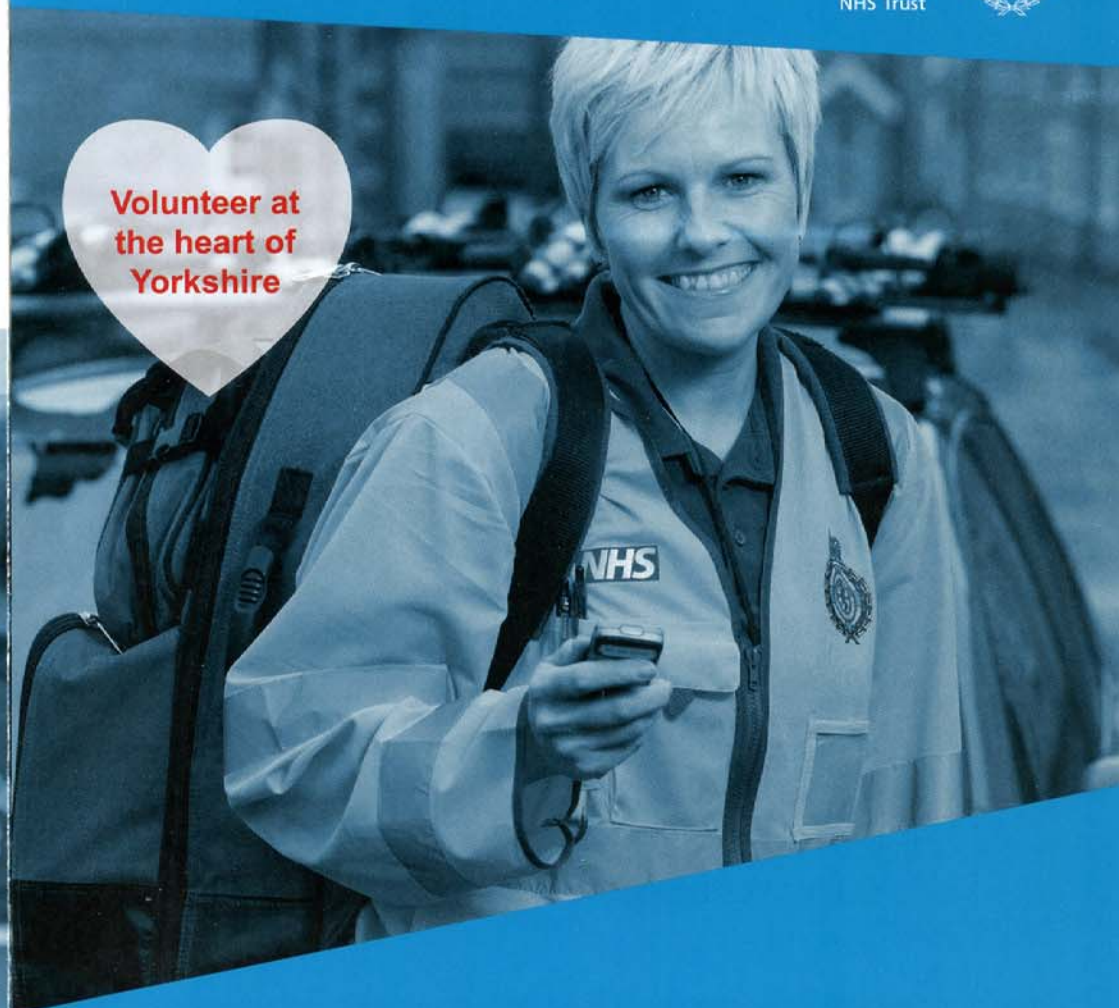
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Yorkshire Ambulance Service
NHS Trust



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**COMMUNITY
FIRST
RESPONDERS**



Imagine the feeling of caring for a patient who is reassured by your presence.

Imagine knowing you've made a difference to someone in your local community.

Imagine saving someone's life.

Community First Responders (CFRs) experience things like this every day across the length and breadth of Yorkshire as volunteers for Yorkshire Ambulance Service NHS Trust (YAS).

Attending medical emergencies in their local community, they provide vital comfort and reassurance in the moments before an ambulance arrives. They make a real difference to people's lives in a matter of minutes. **You will too.**

Our CFRs come from all walks of life and volunteer for a variety of reasons. Many get a buzz from helping people in need and giving something back, while others benefit from learning new skills, meeting new people and becoming more connected with their local community.

Put simply, they are heroes and we're really proud to have them serving Yorkshire as part of the YAS family.

What can I expect in the role?

You will be called to attend medical emergencies to care for and reassure patients who are experiencing breathing, heart or other medical problems. You will be dispatched at the same time as an ambulance to provide immediate care until the ambulance arrives, ensuring help is on hand promptly.

You are supported every step of the way with a local co-ordinator, your fellow CFRs and the team here at YAS, and will be fully equipped and trained by us in:

- Patient care
- Life support skills
- Use of equipment including oxygen and Automated External Defibrillators (AEDs)
- Working with the emergency services

Got what it takes?

If you have a desire to care for people in a medical emergency and are willing to be on call regularly from home, you simply need to:

- Be aged over 18
- Hold a full driving licence (held for over 12 months and with no more than 3 penalty points) and have access to your own vehicle
- Be on call for a minimum of 7 hours a week
- Undergo occupational health and Disclosure and Barring Service (DBS) checks
- Provide a current reference